

End Semester/Reappear (Semester II) Examination May 2025

Programme: BPT II

Course: Character Building and Holistic Development of Personality - I (Spiritual and Mental Health)

Full Marks: 50

Course Code: 23AVAC101

Time: 2 Hrs.

Enrolment no. _____

Q.No.	Questions	CO	Bloom Taxonomy Category	Marks
Section I				
1	Very short Answer type questions (50 words) : Attempt all questions.			10x1 =10
a.	Explain the meaning of Holistic	CO2	Analyze	1x10 = 10
b.	What do you understand by Pancha Kosha?	CO1	Understand	
c.	What are the three bodies in yogic philosophy?	CO3	Remember	
d.	What are the three Rules of Chanakya?	CO4	Remember	
e.	Discuss the basic concept of Vijnamaya Kosha	CO3	Analyze	
f.	Discuss the word personality?	CO3	Remember	
g.	Who was Birsa Munda?	CO4	Understand	
h.	Discuss the element and concept of character building.	CO1	Understand	
i.	What are the five layers of Kosha?	CO2	Understand	
j.	Discuss the Bhoodan Andolan.	CO4	Evaluate	
Section II				
2	Short answer type questions : Answer any six.			6x3=18
a	Define the benefits of Vijnamaya kosha?	CO2	Create	6x3
b	Explain the Manomaya Kosha?	CO2	Analyze	
c	Explain Anandmaya kosha as a state of bliss	CO3	Analyze	
d	Which kosha is related to the chakras and Nadis	CO3	Evaluate	
e	What is the concept of Panch Koshas?	CO1	Understand	
f	Which kosha is called universal consciousness?	CO3	Apply	
g	What is the Anandmaya Kosha's role in developing personality?	CO2	Apply	
h	Which kosha is the deepest level of the soul?	CO3	Analyze	
i	How Vijnamaya Kosha transform Our Lives?	CO3	Evaluate	
Section III				
3	Short answer type questions : Answer any two.			
a	What is the concept of Pancha Kosha in details?	CO1	Remember	2x4 = 8
b	What are the four functions of intellectual cognitive development?	CO2	Understand	
c	Elaborately discuss the 3 doshas in human body.	CO3	Evaluate	
d	What are the aspects of Personality Development?	CO3	Analyze	
Section IV				
4	Short Essay writing type : Answer any two.			
a.	Identify the contribution of Acharya Shusruta as leading scientist of India.	CO4	Apply	2x7
b.	Write a short essay on Bhagat Singh's Contributions in Indian Freedom Struggle.	CO4	Create	
c.	What is APJ Abdul Kalam famous for? Explain the five invention of Kalam.	CO4	Evaluate	
d.	Explain the role of M.K Gandhi in freedom struggle.	CO4	Analyze	

COURSE OUTCOME

At the end of course, candidate will able to

CO1 Develop a good understanding of intellectual development.

CO2 Adapt the concept of constructive roles.

CO3 Analyze the understanding of spiritual and holistic development.

CO4 Correlate the importance of world as a family and enable them to intellectual and holistic development.